



Staff College & Sandhurst Hunt Dressage

What is dressage?

Dressage is about showing the judge that you can get your pony to do what you want him to do, when you want him to do it.

You and your pony have to follow a set of instructions laid out in the dressage test.

A judge marks the test. They give you a mark out of ten for how well you carry out each instruction. At the end of the test the marks are added up and the winner is the horse and rider with the highest score!

How do I get started?

The good news is that you have probably already started doing some Dressage!

When you are riding at home and getting the pony to do the things that you want him to do you are already practicing the basics of dressage.

To improve you and your pony, you might want to have lessons with an instructor. This includes the lessons that you have at a rally, where you will get help with your riding which will make the pony behave better.

Competitions.

As you and your pony get better and your confidence grows you may want to take part in a competition. If you cannot remember your dressage test, don't worry as someone can read the test out loud to you.

Throughout the year there is a variety of competitions held by different branches of the pony club. Some are team events and some are individuals and there is always something for everyone.

Our main aim is to enter a team into the area competition, which is usually around July/August. To be considered for this the instructors will look at your results over the year, your hard work and your commitment to attending working rallies. To be eligible to compete in the area teams you must have attended a minimum of 3 working rallies (Previous competition experience or results is a bonus!)





Competition Entry

All competitions are listed on the main pony club website under area 13 and we also list them on our own website. Any schedules that are sent to me will be emailed out to you all. Where possible I will enter teams, however if I am unable to then you will be asked to send off your own entries but let me know which classes you enter and also how you get on.

I will send off all entries for area competitions and also national/novice championships if we are lucky enough to qualify!

Dress code - Rider

- Cream/beige or canary Jodhpurs or breeches
- White Shirt & Pony club tie
- Jackets can be tweed, blue or black
- Blue or black riding hats
- Jodhpur boots and clips or gaiters
- Spurs maybe worn with DC's permission (You must carry your signed rally card at all times)
- Gloves & Hairnets must be worn
- NO JEWELLERY
- Body protectors are optional

Horse/Pony

- Black or brown bridles with plain nose bands & brow bands
- Snaffle bridles only (unless otherwise stated)
- White/brown or black numnahs/saddle cloths
- No martingales or boots/bandages
- Clean tack and ponies is a must!!
- Horses and ponies must be plaited for all competitions

Good Luck!!